

Mera Peak



Trip Overview

Mera Peak is an exciting, scenic, and highest trekking peak in Nepal becoming popular among trekkers and climbers. It is suitable for all trekkers who dare to dream of standing on the Himalayas and getting an opportunity to explore the panoramic view of all the highest peaks around. Technically it is not that difficult but altitude is out there demanding on account of the altitude and our itinerary has been carefully designed for proper acclimatization for the climbers. Our trip begins following a short and exciting flight to the Tenzing Hillary Airport in Lukla and continues walks of several days that will take us to the area of Mera Valley.

Gallery









Trip Itinerary

- Day 1 - Arrival in Kathmandu and transfer to hotel (1400 Mtr/4592 Ft)
- Day 2 - Sighseeing in Kathmandu
- Day 3 - Schedule flight to Lukla and Trek to Paiya (2800 Mtr/9184 Ft)
- Day 4 - Trek to Pangom(2850 Mtr/9348 Ft)
- Day 5 - Duration: 5 hours trek Walking Dis: 8.6 KM Elevation gain :50 Mtr
Our day start with walking in the rhododendron and bamboo forest.it takes 5 hours to get Pangom.
- Day 6 - Trek to Chatrakhola(3150 Mtr/10332 Ft)
- Day 7 - Trek to Kothe(3550 Mtr/11644 Ft)
- Day 8 - Trek to Thagnag(4300 Mtr/14104 Ft)
- Day 9 - Trek to Khare(5000 Mtr/16400 Ft)
- Day 10 - Acclimatization Day in Khare
- Day 11 - Trek to Mera Highcamp(5800 Mtr/19024 Ft)
- Day 12 - Mera Summit and Back Down to Khare
- Day 13 - Trek to Kothe (3550 Mtr/11644 Ft)
- Day 14 - Trek to Chatra La/Thuli Kharka (4300 Mtr/14104 Ft)

- Day 15 - Trek to Lukla (2610 Mtr/8560 Ft)
- Day 16 - Scheduled Flight to Kathmandu
- Day 17 - Liesure day in Kathmandu
- Day 18 - Flight Back to home
- Day 19 - Flight Back to home

Cost Includes & Excludes

Includes

- All airport/hotel pick ups and drops within Nepal
- Flight Fare for both way (KTM-LUA-KTM)
- All Meals (Breakfast , Lunch and Dinner) During the trek and climbing period
- 3 Star hotel accomodation in Kathmandu with breakfast
- All ground transportation on a comfortable vehicle as per the itenerary
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- An experienced English speaking and government licensed trekking guide and Climbing guides
- All Climbing Gears
- All Camping Equipment for Base Camp during Climbing
- Medical kit incase of Emergency
- Sleeping Bag for the trek
- Staffs Cost including their Salary, food , accomodation and equipments

Excludes

- Nepal Visa Fee
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- Personal Trekking gears
- International Flight fare
- Lunch and Dinner in the city , extra night accomodation in Kathmandu in case of early arrival or late departure and early return from the trek due to any reason than the scheduled itenerary

- Any rescue cost
- Tips for Guide and Staffs
- Personal Travel and rescue insurance
- Personal expenses as phone calls, laundry , Bar, Battery charge, extra porter, shower and bottled or boiled water
- Helicopter charter flight
- Excess baggage charges (can be carried only 15 Kg including in Airfare)

Gears and equipment

- Head

Warm Hat
Cap
Face Mask / Muffler

- Upper Body

Wind stopper/Waterproof Jacket
Down Jacket
Fleece Jacket/ trousers
Thermol
T-shirts
Woolen gloves/Water/wind proof gloves

- Lower Body

Trekking Trousers(light weight long Pant)
Underwear
wind stopper/waterproof Pant
Fleece or woolen pants

- Feet

Thin Lightwear/heavy poly or wool Socks
Sandals
Trekking Boot
Gaiters
Spare Shoes

- Accessories

Medium Rucksack (50-70 Ltr)

Small Day Pack

Personal Medical Kit

Chapstick/Sunscreen

Water bottle

Large Duffel bag

Trekking Pole

Spare batteries for Camera and Flash Light

Hand Towel

Head lamp with extra Batteries

Sun Glasses with UV protection

Suitcase (For stored in Kathmandu hotel for not needed items for trek)

- Additional required Equipment for Climbing

Snow Goggles

Thick Socks

Gloves Water/windproof

Gaiters

Wind Stopper Jacket and Trousers

Big Rucksack (Minimum 40 Ltr)