

Makalu Base Camp Trek



Trip Overview

This is one of the most popular tourist destinations of Nepal, which is situated in the eastern part of Nepal in Makalu Barun National Park. The Makalu base camp trek takes us to the base camp of the world's 5th highest mountain Mount Makalu(8463 Mtr). This trek is a true adventure with beautiful scenery and offers a remarkable and exceptional opportunity to explore the lifestyles of ethnic Himalayan people. The highlights of this rich natural paradise include beautiful mountains, pristine forest, and a wide variety of plants, animal life, and the simple and warm-hearted local people with rich and varied customs. Chamlang Himal and Barun Valley are the major jewels of this Trekking area.

Trip Itinerary

- Day 1 - Arrival in Kathmandu and transfer to hotel (1400 meter/4592 Ft)
- Day 2 - City Sightseeing and Trek Preparation
- Day 3 - Flight to Tumlingtar (400 Mtr/1312 Ft), Trek to Khadbari (1025 Mtr/3362 Ft)

- Day 4 - Trek to Chichila (1,800 Mtr/5904 Ft)
- Day 5 - Trek to Num (1,500 Mtr/4920 Ft)
- Day 6 - Trek to Seduwa (1,493 Mtr/4897 Ft)
- Day 7 - Trek to Tashi Gaun (2,200 Mtr/7216 Ft)
- Day 8 - Trek to Kahuma Danda (3,500 Mtr/11480 Ft)
- Day 9 - Trek to Mumbuk (3,400 Mtr/11152 Ft)
- Day 10 - Trek to Nehe Kharka (3,750 Mtr/12300 Ft)
- Day 11 - Trek to Sherson (4,600 Mtr/15088 Ft)
- Day 12 - Day trip to Makalu Basecamp (4870 Mtr/15973 Ft)
- Day 13 - Trek to Yangri Kharka (3,645 Mtr/11955 Ft)
- Day 14 - Trek to Mumbuk (3,400 Mtr/11152 Ft)
- Day 15 - Trek to Kahuma Danda (3,500 Mtr/11480 Ft)
- Day 16 - Trek to Navagaun (2,500 Mtr/8200 Ft)via Tashi Gaun
- Day 17 - Trek to Num (1500 Mtr/4920 Ft)via Seduwa
- Day 18 - Trek to Chichile (1,800 Mtr/5904 Ft)
- Day 19 - Trek to Khadbari (1025 Mtr/3362 Ft)
- Day 20 - Trek to Tumlingtar (400 Mtr/1312 Ft)
- Day 21 - Flight from Tumlingtar to Kathmandu
- Day 22 - Leisure time in Kathmandu
- Day 23 - Final departure for home country

Cost Includes & Excludes

Includes

- All airport/hotel pick ups and drops within Nepal
- Flight to/from Tumlingtar
- All trekking permits , TIMS card, Government and local taxes for the trek
- Flight to/from Tumlingtar
- All Meals (Breakfast , Lunch and Dinner) During the trek
- All Meals (Breakfast , Lunch and Dinner) During the trek
- 3 Star hotel accommodation in Kathmandu with breakfast

- All ground transportation on a comfortable vehicle as per the itinerary
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- All ground transportation on a comfortable vehicle as per the itinerary
- An experienced English speaking and government licensed trekking guide
- Porter Services(2 Trekkers : 1 Porter)
- Medical kit
- Insurance for Nepali Staffs
- Sleeping Bag and Down Jacket for the trek
- Welcome and farewell dinner
- Staffs Cost including their Salary, food , accommodation and equipments

Excludes

- Nepal Visa Fee
- Personal Trekking gears
- International Flight fare
- Lunch and Dinner in the city , extra night accommodation in Kathmandu and Pokhara in case of early arrival or late departure and early return from the trek due to any reason than the scheduled itinerary
- Any rescue cost
- Tips for Guide and Staffs
- Personal Travel and rescue insurance
- Personal expenses as phone calls, laundry , Bar, Battery charge, extra porter, shower and bottled or boiled water
- Helicopter charter flight
- Excess baggage charges (can be carried only 15 Kg including in Airfare

Gears and equipment

- Head
 - Warm Hat
 - Cap
 - Face Mask / Muffler

- Upper Body

Wind stopper/Waterproof Jacket
Down Jacket
Fleece Jacket/ trousers
Thermol
T-shirts
Woolen gloves/Water/wind proof gloves

- Lower Body

Trekking Trousers(light weight long Pant)
Underwear
Wind stopper/waterproof Pant
Fleece or woolen pants

- Feet

Thin Lightwear/heavy poly or wool Socks
Sandals
Trekking Boot
Gaiters
Spare Shoes

- Feet

Thin Lightwear/heavy poly or wool Socks
Sandals
Trekking Boot
Gaiters
Spare Shoes