

Everest Basecamp and Fly Back by Helicopter to Lukla Trek



Trip Overview

After 30 Minutes flight with magnificient scenery lands you in Lukla Airport. Our trip starts to Everest basecamp follows the route entering to Sagaramatha National park. In this trip we trek to basecamp of worlds highest mountain and visit Kalapatthar to see the view of Mount everest.After 9 days of trek in altitude will made you tiredness and not eager to go back with same route,makes us an opportunity to go back by helicopter just to Lukla with mountain flight to Gokyo valley via chola pass which is also popular tourist destination.. We charter a helicopter to get back to lukla from Gorakshep with mountain flight.

Trip Itinerary

- Day 1 - Arrival in Kathmandu and transfer to hotel (1400 Mtr/4592 Ft)
- Day 2 - Sightseeing in Kathmandu
- Day 3 - Flight to Lukla (2840 Mtr/9315 Ft) and Trek to Phakding(2610 Mtr/8560 Ft)

- Day 4 - Trek to Namche(3440 Mtr/11283 Ft)
- Day 5 - Trek to Khumjung (3790 Mtr)through Khunde (3840 Mtr/12595 Ft)
- Day 6 - Trek to Tyangboche(3860 Mtr/12660 Ft)
- Day 7 - Trek to Dingboche(4410 Mtr/14465 Ft)
- Day 8 - Rest Day in Dingboche (4410 Mtr)and hike to Ngangkarsang Peak (5080 Mtr/16662 Ft)
- Day 9 - Trek to Lobuche(4930 Mtr/16170 Ft)
- Day 10 - Trek to Gorakshap (5160 Mtr/16925 Ft)and Day trip to Everest Base Camp(5365 Mtr/17597 Ft)
- Day 11 - To Kalapather (5545 Mtr/18187 Ft) and flight back by helicopter to Lukla (2840 Mtr/9315 Ft))
- Day 12 - Flight to Kathmandu and transfer to hotel
- Day 13 - Free time in Kathmandu for Shopping
- Day 14 - Departure for homeland

Cost Includes & Excludes

Includes

- All airport/hotel pick ups and drops within Nepal
- Flight Fare for both way (KTM-LUA-KTM)
- All trekking permits , TIMS card,Government and local taxes for the trek
- All Meals (Breakfast , Lunch and Dinner) During the trek
- 3 Star hotel accommodation in Kathmandu with breakfast
- All ground transportation on a comfortable vehicle as per the itinerary
- An experienced English speaking and government licensed trekking guide
- Porter Services(2 Trekkers : 1 Porter)
- Medical kit incase of Emergency
- Insurance for Nepali Staffs
- Sleeping Bag for the trek
- Welcome and farewell dinner
- Staffs Cost including their Salary, food , accomodation and equipments

Excludes

- Nepal Visa Fee
- Personal Trekking gears
- International Flight fare
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- Lunch and Dinner in the city , extra night accomodation in Kathmandu in case of early arrival or late departure and early return from the trek due to any reason than the scheduled itenerary
- Any rescue cost
- Tips for Guide and Staffs
- Personal Travel and rescue insurance
- Personal expenses as phone calls, laundry , Bar, Battery charge, extra porter, shower and bottled or boiled water
- Helicopter charter flightExcess baggage charges (can be carried only 15 Kg including in Airfare)

Gears and equipment

- Upper Body
 - Warm Hat Cap
 - Face Mask / Muffler
 - Wind stopper/Waterproof Jacket
 - Down Jacket
 - Fleece Jacket/ trousers
 - Thermal
 - T-shirts
 - Woolen gloves/Water/wind proof gloves
- Lower Body
 - Trekking Trousers(light weight long Pant)
 - Underwear
 - wind stopper/waterproof Pant

Fleece or woolen pants
Thin Lightwear/heavy poly or wool Socks
Sandals
Trekking Boot
Gaiters
Spare Shoes

- General

Medium Rucksack (50-70 Ltr)
Small Day Pack
Personal Medical Kit
Chapstick/Sunscreen
Water bottle
Large Duffel bag
Trekking Pole
Spare batteries for the Camera and Flash Light
Hand Towel
Head lamp with extra Batteries
Sun Glasses with UV protection

Faqs

1. Why to go trekking in Everest Basecamp?

When you think Nepal, you will definitely think of world's highest mountain of the world. Trekking to Everest basecamp is one of the most popular and adventures trip in the world. Every year thousands of trekkers come to see Mount Everest and to get to basecamp of Mount Everest which is life time experience trip. Once in your life time, one should visit Everest basecamp and see the Mount Everest.

2. What is the best seasons to trekking in Everest Basecamp?

In Nepal, there are four different seasons such as Spring, Summer, Autumn and winter. Spring and Autumn are most popular for trekking in Nepal. But the best season of your travel might be differ as per your purpose and your suitable time for traveling in Nepal. You can read more about the most favorable seasons in our link below
<http://www.khumbualpinetravel.com/nepal-travel-guide.html>

3. What permit do I need for the Everest basecamp trek?

For trekking in the Everest Region, you need the following permits:

Local Governments Entry fee instead of TIMS (Trekking information management system):The local government is charging Rs 2000 per person in Lukla in the entrance of Everest Basecamp Trek.

Sagarmatha National Park Entry Permit: To entry in the Sagarmatha National Park,One has to obtain the permit which cost Rs 3000+ government tax per head. the park that is home to the Mount Everest Region, you need to obtain an entry permit.

4. How safe is Everest basecamp trek?

Safety is our first concern. As we provide the experienced guides and leaders for the particular trip who are well trained about the high altitude sickness, first aid ,friendly attitude and ability to provide useful and important instructions. All our itineraries are designed with proper acclimatization days in order to reduce the risk of altitude sickness. In every group we provide the first aid kit bag incase of any injury and emergency.

5. How is the lodging and fooding facilities in EBC trek?

Along the trail to Everest basecamp, there are well facilitated lodges are available with various types of foods. We provide you three meals a day with your own choice. We always provide the seasonal fruits as well. We always book in lodges with well management and facilities. Rooms are very nice and attached toilet until Dingboche. if you buy single supplementary package you will get single room.

6. What about the flight from Kathmandu-Lukla and vice versa?

Just about 25 minutes flight from Kathmandu takes us to Tenzing Hillary airstrip in Lukla but the due to some circumstances, these days the flight to Lukla are operated from Ramechap, which is 4 hours drive from Kathmandu and 15 min by flight to lukla. There are options to fly by helicopter directly from Kathmandu to Lukla as well, which is bit expensive than regular flight. Sometimes the weather doesn't permits for the regular flight, then we should be compulsion to hire the helicopter.The airlines companies has operated the first flight to Lukla directly from Kathmandu, so if you book your trip with us prior to 3 months , we can book the seat for direct flight.

In this trip to Everest basecamp trek, we hire the helicopter flight from Gorakshep till Lukla after we done the Kalapathar trip.

7. Is there any internet wifi facility on the way?

After your arrival in Kathmandu airport, we recommend to buy One ncell sim card. In everest region until panboche Ncell 4G works very well. Above Panboche there is good internet facility of Everest link. There are varieties of data cards as 10 GB, 20 GB. If you purchased bigger one it works all over the khumbu and if you purchase 20 GB one it it enough for your whole trek and

you can enjoy in social media, news and connect with your family friends and loved one.

8. Can I use the foreign currency and Credit cards on the way in any shop or Lodge?

You can pay by foreign currency as well, but the exchange rate will not be same as Kathmandu, so we recommend you to exchange the money in Kathmandu and take a nepalese Rupees. In mostly lodges they accept the credit cards but sometime due to internet problem it will not be 100% guarantee.

9. What is the normal temperature in spring and Autumn season?

Spring season starts from March, but until third week of march temperature will still be cold even in day time. But actually temperature depends on weather, if weather is mild temperature ranges from 10-15 Degree Centigrade. If the weather is clear, days will be warm. After the April it will be warm with sunny weather. Especially in Morning and Evening time will be little cold.

Autumn season starts from September, September will still be warm even the weather is not good. From october normally in morning and evening will be cold.